

Webinar Kesh-Intermitten Fasting(Diet Berpuasa)

The screenshot shows a presentation slide with the following content:

- Title:** Fakta & Mitos mengenai Intermittent Fasting
- Presenters:** dr. Kristiana M. Subanto, SpGK and RS Hermina Ancaman& Bandung
- Visuals:** A large apple graphic on the left and a house icon with a green arrow on the right.
- Navigation:** A sidebar on the left shows a list of slides, and a Zoom meeting control bar is visible at the bottom.

The screenshot shows a Zoom meeting interface with a cityscape background. The following elements are visible:

- Top Left:** Logo for '76' (Indonesia's 76th anniversary).
- Top Right:** Logos for 'Malaysia Berprestasi' and 'Yakam-Perkembangan'.
- Center:** A woman wearing a red hijab and glasses is speaking.
- Bottom Left:** A blue sidebar with the word 'AKHLAK' and a list of items: Amanah, Berprestasi, Berprestasi, Berprestasi, Berprestasi, Berprestasi, Berprestasi.
- Bottom Right:** A red sidebar with a list of items: Berprestasi, Berprestasi, Berprestasi, Berprestasi, Berprestasi, Berprestasi, Berprestasi.
- Bottom Center:** The Zoom logo.